# CanSurvive **CANCER SUPPORT GROUP**

Patient-centred help for all cancers

Meetings are held on the second Saturday of each month at 9h00

at 18 Eton Road, Parktown

(opposite Wits Donald Gordon Medical Centre main entrance)

All patients and caregivers

are welcome No charge is made

**Enquiries:** 

073 975 1452

email: jhb@plwc.org.za

website: www.plwc.org.za



The Group is run by members of the Johannesburg Branch of People Living With Cancer in association with the Wits **Donald Gordon Medical** Centre and is open to any patient or caregiver.







# CanSurvive CANCER SUPPORT GROUP

Started in October 2009, this group provides support for cancer patients and caregivers at various levels.

## Monthly support group

The support group is a caring and confidential environment in which patients can share their experiences and concerns and obtain support and useful information from others who have been through the same experiences.

Meetings are held on the second Saturday of every month and usually consist of a talk or presentation by an invited speaker, followed by a general discussion session. Speakers lined up for future meetings include:

- Dietician, experienced in helping cancer patients
- Occupational therapist, discussing daily living
- Oncologist
- Interventional Radiologist
- Music therapist
- · Legal aspects of the PMBs and dealing with medical aids
- Laughter therapist
- Physiotherapist

### **Buddy Support System**

We also offer the "buddy" support network where cancer patients can interact with and receive advice and support from cancer survivors who often have a similar profile, disease and treatment protocol.

Our Buddies are all cancer survivors who have undergone basic training to assist them in supporting newly diagnosed patients and their caregivers. Cancer Buddies do not provide medical support – this is the role of your doctor, specialist or clinic. We do provide someone to talk to; To discuss your concerns and answer the questions you may have; To assist you in finding your own way forward; To point you to other services which may be available.

Buddy support can be provided via telephone, by one-on-one meetings, or even via email, depending on your needs.

You can also subscribe to the regular Vision Cancer Newsletter simply by sending an email to jhb@plwc.org.za with the words "New subscriber" in the subject line.

#### ALL INFORMATION SHARED IS ENTIRELY CONFIDENTIAL

#### THERE ARE NO CHARGES FOR ANY OF OUR SERVICES

You can support us by your donation. This qualifies for a tax deduction in terms of Sect. 18A. PLWC Cancer Buddies is registered as a Section 21 company, Reg. No. 2002/026507/08. Contact us for details.